## Learn. Care. Howish

### NEWSLETTER

4 August 2023



#### Prayer

Eternal God, You loved the world so much that You gave us your only Son, to accompany us in every moment of our lives. From diverse backgrounds across our vast land, we journey as one, your pilgrim church.

We leave what is known and what is precious to us to embark on life's pilgrimage, uncertain of who our companions will be or what joys, hopes and challenges await us.

In our brokenness, we desire wholeness. We trust Jesus, your Word, to lead us on this journey. Unafraid of what we do not know, we are full of excitement and ready to embrace all. May your Holy Spirit open us to transformation. We want to give ourselves to the Holy Spirit as Mary did. With her, we say:



"I am the servant of the Lord. May it be done to me according to your word". Assist us that we may welcome all that is needed to renew our lives.

May we become Jesus' true disciples, forgetting ourselves and loving His kingdom, His truth, and all he came to save by His Holy Cross.

Mary, Our Lady Help of Christians, Patron of Australia, pray for us. Amen.

#### PRINCIPAL'S MESSAGE - Dr Darren Egberts

This week's prayer calls to mind the thousands of young people who gather this week in Lisbon, Portugal, to celebrate World Youth Day in the presence of Pope Francis and many other Church leaders. The week-long celebration is encapsulated in the theme chosen by Pope Francis, "Mary arose and went with haste" (Lk 1:39) and we wish all those involved the very best including Sacred Heart College Year 12 student, Louis Mayne-Mills.

#### **Prospective Sacred Heart College Enrolments**

Thanks to all the families (both current and future) who submitted enrolment applications ahead of the closing date for Year 7 2025 last Friday 28 July. Enrolment interviews for these applications will be held in a couple of weeks with families to receive details on these in coming days. Limited enrolment places for 2024 remain available for Year 8 – 12 students at Sacred Heart College. Please contact the College Registrar, Mrs Denise Lawrence (dlawrence@shckyneton.catholic.edu.au) on 54211200 for an enrolment pack or College tour.

#### **Student and Staff Activities**

Notwithstanding the inclement and cool weather that the Macedon Ranges is currently experiencing, Sacred Heart College life is very busy as we approach the middle of third term. The daily program is filled with a variety of intra and inter school sport, Learning Area and Year Level based excursions and activities focused on social justice and social action. These activities will ramp up as the Year 10 Alpine Camp and Year 9 Sydney trip approach.

Yours in Mercy,

Dr Darren Egberts Principal



54211200 54211242 54211223 70202648



**Bereavements** - Your prayers are asked for the following families who are mourning the passing of a loved one recently. The McElhinney family on the passing of George McElhinney, grandfather of Lachlan 7E. Also, the Callaghan family on the passing of Lynette Callaghan, grandmother of Wolfgang 8A.

Our thoughts are with you all at this sad time.

CALENDAR DATES		
Mon 7/8	<ul> <li>Year 11 Fit 2 Drive Workshop</li> <li>Year 12 Drama &amp; Music Tutorials</li> <li>3.30pm to 4.30pm</li> </ul>	Mon 14/8 - Year 12 (Unit 4) OES Toolangi State Forest Excursion - Enrolment Interviews for Year 7 2025
Tues 8/8	<ul> <li>College Tour 9.15am</li> <li>Vic Uni Lunchtime Speaker with Q&amp;A</li> <li>Period 5 in MPR 3.35pm to 5.00pm</li> </ul>	(5.00pm to 7.00pm) - Year 12 Drama & Music Tutorials 3.30pm to 4.30pm
	- Year 7 Learning Enhancement Program Parent Information 6.00pm Online	Tues 15/8 - Year 7-12 Vic Netball Championships - Enrolment Interviews for Year 7 2025 (5.00pm to 7.00pm)
Wed 9/8	- Year 11 Volunteering Group to OLOR	Wed 16/8 - NMR Year 7 Girls Soccer Finals - Year 11 Volunteering Group to OLOR
Thur 10/8	<ul> <li>Mickleham Track and Field Boys/Girls Division Event</li> </ul>	<ul> <li>Year 9 Camp Presentation to Parents via Zoom 5.30pm to 6.30</li> </ul>
Fri 11/8	<ul> <li>Unit 3/4 Mt Stirling Camp 11/8 to 13/8</li> <li>Year 11/12 VCE VM/VCAL/VPC</li> </ul>	Thur 17/8 - Period 5 in MPR 3.35pm to 5.00pm
	Hofmann Engineering Excursion - Year 11 Croquet in PE Class	Fri 18/8 - NMR Year 7 Girls Netball Region Finals



#### DEPUTY PRINCIPAL - STUDENT WELLBEING - Julie Mortimer

Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children. Further information about Child Safety at SHCK can be found on the College website. <u>https://www.shckyneton.catholic.edu.au/our-college/child-safe/</u>

#### **Parent Engagement Evening**

This week at Sacred Heart College, we were privileged to have renowned presenter, pod-caster and author, Dr Jodi Richardson, present an engaging evening on the topic 'Anxiety and Teens'. Jodi is an expert on the topic of anxiety, having studied it extensively as well as experiencing the debilitating condition first hand, and was able to offer practical tips and activities for managing anxiety, as well as the medical causes of why it occurs. Her focus on encouraging children to push through, using the mantra ' it might be hard, but it's important', and that resilience only comes from trying hard things and being successful, gave confidence to those struggling with young people who suffer from anxiety and worry about how far to push them. It is a difficult condition, and a growing problem in schools and in society at large, so hearing advice from an expert of such caliber was very worthwhile.



#### Changes to payment method in Canteen (Atrium)

The College has streamlined it's payment method for purchasing food from the canteen. Students will no longer be able to use their Credit or Debit Cards in the canteen if they are stored on their phone. As phone use is not allowed at school, this process has become untenable. Students now can purchase food using their Student Card, cash and physical Credit and Debit cards. Money can be loaded onto their student cards via the My Schools link that all parents have been sent. If you have not explored this as yet, please click onto the link so that you are aware of how the process works and are able to set up an account. All other methods of payment will be phased out by 18 August . *From Monday 21 August, all payments in the Atrium will be via the Student Card, Cash or Physical Credit or Debit Cards.* 

#### Mercy Day Friday 8 September

An important part of the College calendar for Sacred Heart College is Mercy Day. This is a fun, active day where we have the opportunity to raise some money for Mercy

#### Reminder

Set up your **My School Connect** account for canteen ordering for the start of Term 3. Flexischools will no longer be in use at Sacred Heart College.



Families have been sent an email from *My School Connect* containing an activation link.

If parents have any queries or issues, please contact the support area by the following link: <u>https://myschoolconnect.com.au/contact</u>

charities and celebrate being part of a Mercy Community. Students will begin the day with a presentation by a Mercy sister on the important role a Mercy school plays in supporting the various

charities run by the sisters in supporting the marginilised and less fortunate. Money is raised for these causes is through student participation in various activities run on the day.

Activities this year will include: Mercy Day Cross Country Run, Colour Run, Year Level activities, a Bar-b-que, Live Music and House Musical Event. Mercy Day is cashless, with coupons used for payment. These are pre-purchased and envelopes will be distributed to Homerooms next week. Students may purchase up to \$10 worth (5) coupons for Mercy Day, with



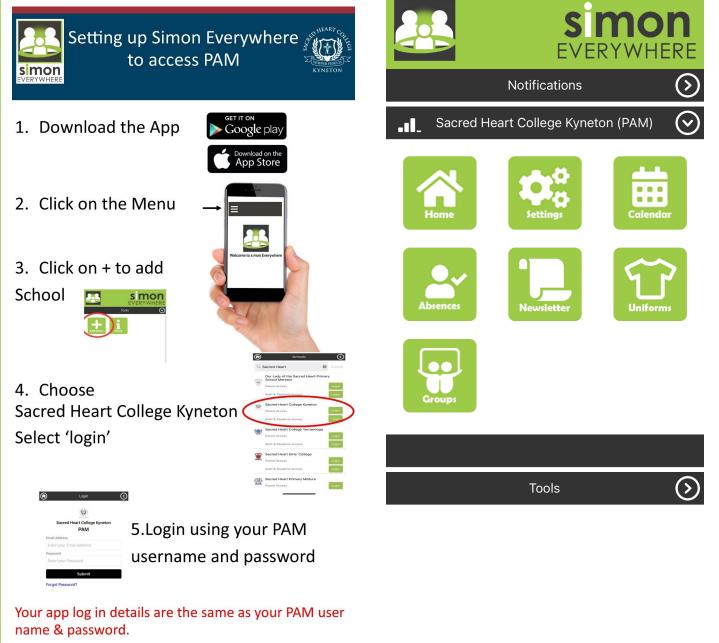
top ups available to purchase on the day. If they wish to participate in the optional Colour Run, this is an additional cost of \$5, also pre-paid. More information about Mercy Day will be forthcoming.

## **'HAVE YOU GOT THE APP YET'!**

The simplest way to use PAM and keep up to date with activity permissions, sick passes, absences, and your child's education is to download the SIMON Everywhere App. If you need some help setting this up please reach out to our Administration Team, we would be happy to help you.



We want this module to be your one stop shop for all things Sacred Heart College. If you have any suggestions, feedback, or issues in regard to PAM please contact us via email - pam@shckyneton.catholic.edu.au



To reset your PAM password or to ask for help please email pam@shckyneton.catholic.edu.au

#### DIRECTOR OF FAITH AND MISSION - Sam Weir

#### Young Mercy Leaders Pilgrimage - Ms Andrea Knight

Seventeen Mercy schools from across the country, either in person or remotely, participated in the inaugural Young Mercy Leaders Pilgrimage in Melbourne. We started our pilgrimage by coming together in prayer with a liturgy and adding our soil and a stone from our homeland. We were called to walk humbly with love and respect in our hearts, hands and head as we work towards reconciliation for all who call this Great Southern Land home.

We had the opportunity to share our stories of Mercy. We talked in detail about the stories of Catherine McAuley and Ursula Frayne.

On Day Two we heard from Sister Cathy Solarno and her thoughts on how we encounter and engage diversity. We listened to speakers from Mercy Works and Young Mercy Links and heard about the wonderful work these two groups are doing around the world.

Our final speaker on Day Two was Maddie Kelly who has recently returned to Australia having worked in Tanzania at the School of St Judes. Our students were deeply moved by this presentation.

On our final day, we were invited to explore possible actions of Mercy and Love that our school community could adopt. We concluded with celebrating Mass together.

Over the three days we were invited to encounter and experience Mercy. We forged lasting friendships with others, and our hearts were truly touched with the presence of God.

#### Student Reflection - Iona Kerry Year 11

Before we left for the pilgrimage, I was asked how I felt about embarking on a journey to places I had not been, and with people I had not met. My response at the time was that I felt excited to be living the spirit of Mercy adventure, and also intrigued to see what kind of person I would be on my return. Needless to say, my heart was touched and inspired throughout the pilgrimage experience.

My lasting sensation now that it has come to an end is to feel a great deal of gratitude and admiration for those who go about their daily lives, serving as a person of Mercy.

From my experience on the pilgrimage, I feel inspired to embed the Mercy values more deeply into my own life, and to instil them within my community.









#### DIRECTOR OF FAITH AND MISSION - Sam Weir

#### **Tomorrow Man/Tomorrow Woman**

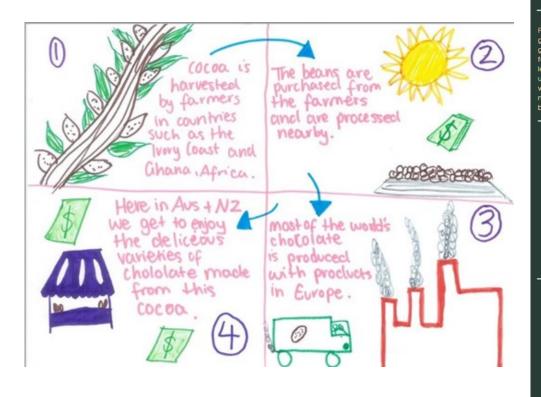
Last week our Year 11s took part in their annual Tomorrow Man/Tomorrow Woman workshops. These workshops are held each year throughout the Senior School, with Year 10-12 students participating in a 3-module program over their senior years. The Tomorrow Man/Tomorrow Woman program offers students opportunities to pause and listen deeply to each others' stories. The workshop presenters generate conversation spaces where students can contemplate what it means to be a young adult, and they provide prompts for students to reflect on the challenges that hold us back, and the resources that help to push us forward. All of our Year 11s are to be commended for their open and sincere participation in the workshops, where many students spoke with open hearts and all listened with a spirit of empathy and compassion.

The following reflection from a male Year 11 student offers an insight into the power of these sessions: "The setting was very welcoming and wholesome. All of the boys that took part in the Tomorrow Man workshop were very inclusive and not judgemental at all. It was a great way to break down walls around your peers and get to know the rest of my cohort on a different level than what I am used to. When I left the workshop a lot of my outlooks changed on the way I approach certain situations and express myself in any setting. It also taught me that I can be vulnerable and let emotional honesty become more of a normal occurrence in my life. All round, Tomorrow Man was a very good experience and I learned a lot from it."

#### R E NEWS - Victoria Mackay, Religious Education Learning Area Leader

**Year 11 Religious Education – Study of Modern Slavery** This term, students of Year 11 Religious Education have been extending their knowledge of modern slavery.

Recently they have been studying the supply chain of familiar products that we use in everyday life. Below are two pieces of work created to demonstrate the process of cocoa/chocolate and the impact this chain of supply has on the people who create and grow the cocoa.



### CHOCOLATE WE LOVE THE TRUTH YOU DON'T KNOW



From a whole bar of Chocolate a Cocoa farmer will only earn **6%** from that sale



Chocolals farmers only ever get 0% from a bar of chocolate whereas from a bar: 35% go to the shops actually selling the chocolate bar - 33% go to the Manufactures that arcete the chocolate from the accoa bar - 12% go toward the police that protect the chocolate from being stolen - 7% to the broker who makes the overseas trades - 7% to the processors.



GET CIVEN TO OTHERS Most maney go to others that have made trades for a while or work/live in places with stricter laber leves surrounding their practice's leading to scam the farmers out of mate so they can be within the law and still make a

Many farmers not only get underpaid but looking into the bigger picture this farmer has a family to feed, clothing, housing and employees to pay, is it reall such a surprise that child labor must be used to stary aflord

#### Time management and study in Year 12 VCE

Now that we have reached Term 3, it seems timely to remind students of the importance of practising good time management skills and strategies whilst at home and/or at school.

Time management is key to getting the most out of students' final year of secondary schooling. We want our students to achieve their best results, whilst staying healthy and happy. Students need to try and maintain a balance of school work, recreation, time with family and friends, and most importantly enough sleep. The following is some advice that was provided to our Year 12 students early in Term 1:

- Aim for completing 3 hours of additional revision/study time per subject per week
   ◊ Break this up into 30-45-minute blocks (don't try to study for 3 hours on one topic/subject)
   ◊ Remember your study periods at school can be included in this so don't waste them
- Complete a **weekly study timetable** and include time for eating, sleeping, recreation and part-time work, as well as your time for study
  - ◊ Consider the best times for you to do your study, e.g. Are you a morning or an evening person?
  - This is time to complete homework, but also to revise what you have learned during the day, make summaries and/or quizlets, and attempt practice questions
  - Ouse your study timetable and/or to-do lists to tick off tasks as you complete them, this will give you a good sense of achievement

Further information on the importance of managing your time can be found here: <a href="http://ergo.slv.vic.gov.au/learn-skills/study-skills/getting-organised/manage-your-time">http://ergo.slv.vic.gov.au/learn-skills/study-skills/getting-organised/manage-your-time</a>

Examples of study timetables can be found here:

<u>https://austudent.elevateeducation.com/media/books-planner/study-timetable</u> https://onlinestudyaustralia.com/study-planner-timetable/

#### NATIONAL TREE DAY - Peter Webb, Horticulture Teacher

To celebrate School Tree Day and National Tree Day, Sacred Heart College played its part by planting 70 native trees and bushes on the school grounds. More than 50 students and staff attended the event, braving the muddy conditions, to plant a seedling, knowing that their efforts will not only increase the biodiversity within the school, but also play their part in our fight against climate warming gases.





With an increasing focus on sustainability within the school, it was wonderful to see so many students attend and write a blessing to the earth or their tree, and bury this with their seedling. The students were really happy to be leaving their mark on the school in such a positive way, and many are looking forward to lending a hand in an even bigger community tree planting event in the near future. It was really heartening to see such enthusiasm and energy from our students of all ages.



#### HEALTH CENTRE NEWS - Jaina Holmes, Health Centre Coordinator

#### **MEDICATION AND CAMPS**

To ensure safe administration and storage of medications, any student requiring medication while

on camp must hand their medication to their homeroom teacher the first morning of camp. <u>All</u> medication needs to be clearly labelled with the student's name and in its original packaging. <u>All</u> medication needs to be accompanied by a completed Medical Authority Form. A Medial Authority Form can be found on PAM and on the College website or via this link: <u>https://www.shckyneton.catholic.edu.au/our-college/policies-and-forms</u>. If you have any questions please don't hesitate to contact Health Centre Coordinator, Jalna Holmes, at the College on 5421 1200



#### INFLUENZA (Flu)

We have a confirmed case of Influenza A (flu) within the College. The flu is a contagious viral infection that can cause severe illness and life-threatening complications, including pneumonia. The flu is spread by contact with fluids from coughs and sneezes.

The common symptoms of the flu are fever, a dry cough, body aches, feeling extremely weak and tired, sore throat and a runny or stuffy nose. A fact sheet on the flu can be found at <a href="http://www.betterhealth.vic.gov.au/health/conditionsandtreatments/flu-influenza">http://www.betterhealth.vic.gov.au/health/conditionsandtreatments/flu-influenza</a>, please take the time to read it so you become familiar with the virus, in particular its signs and symptoms.

As the flu is highly contagious and since there have been several cases reported in our local community, the College is taking every precaution to prevent further spread of the infection. If your child is unwell and or showing flu like symptoms, please don't send them to school. If your child is displaying flu like symptoms while at school, they will be isolated and parents/emergency contacts will be called to collect them. The Public Health and Wellbeing Regulations state that students are to be excluded from school until they are well. If you have any questions, please don't hesitate to contact Health Centre Coordinator, Jalna Holmes, at the College on 5421 1200

#### **Brainstorm Productions**

On Friday, Brainstorm Productions are coming to the College to present their student wellbeing performance 'Wired' for Years 7, 8 and 9. The performance follows the journey of two students who are struggling to manage their mental health, relationships and online experiences. When their worlds collide, the audience must help them find a different path. 'Wired' is part of our student wellbeing curriculum and has been developed by education and mental health professionals. This engaging live show uses humour, audience participation,



relatable characters and real student experiences to spark conversations and facilitate further learning in the classroom. To learn more about Brainstorm Productions visit their website (<u>brainstormproductions.edu.au</u>), or follow them on Instagram (<u>@brainstormproductions</u>) or Facebook (@<u>Brainstorm.Productions</u>).

#### Assistance Dog at SHC

In other Junior School news, we have a student who has commenced at the College with an Assistance dog. All students across the College have been briefed on how to treat Assistance dogs. Below is some information regarding the treatment of Assistance dogs. We would encourage you to have some conversations with your young people on the proper treatment of Assistance dogs in schools.

If your child's asthma and/or allergies are triggered by dog hair, and you have any concerns, please don't hesitate to contact Jalna Holmes, Health Centre Coordinator at the College, on 54211 200.



#### WHAT TO DO WHEN AN ASSISTANCE DOG IS PRESENT?

- Always show the dog and their owner respect by providing space and giving them the right of way.
- Don't touch, feed, talk to, or otherwise distract the dog and don't be offended if the owner asks you not to pet the dog. The dog should be allowed to concentrate and perform its work for the safety of its handler.
- Recognise that the dog has a right to be present everywhere on school, even where you would not expect to see a dog, such as in a lift, canteen.
- If you are unfamiliar with dogs, be assured that an Assistance Dog presents no threat to you, or other students. They are highly trained, working dogs.
- Assistance Dogs are highly respected in the Australia.

#### SHOWING AN ASSISTANCE DOG PROPER RESPECT

- Failing to respect an Assistance Dog would be considered to be a serious issue that will be immediately followed up and dealt with.
- Confronting an Assistance Dog's owner about the presence of their dog or making derogatory comments about the dog could be considered harassment/bullying.
- Not following the rules and regulations, including harassment of an Assistance Dog or their owner could lead to the taking action and consequences to follow..

## SPORTS REPORT

#### Senior Girls Netball - Jodie Wattie

The Senior Girls Netball Team competed at the Regional SSV netball competition last Friday and came home with the runner up flag. They previously competed in the first round (division) and dominated all day, with large winning margins against all competitors. The second round (Regional) saw the girls once again have some convincing wins, with them winning their pool. We faced Whittlesea in the final but unfortunately went down a few goals early. The girls were unable to pull back the deficit despite winning the second half. It was an extremely tight



game and the girls contested every ball as they tried to get the win. I am so proud of them all, their competitive spirit, high skill level and wonderful sportsmanship is to be admired.

#### Intermediate Boys Basketball - Alison Chilton

Last week an experienced team of Year 9 and 10 boys headed to Broadmeadows for a day of basketball. The team was supported by two well dressed senior students, who expertly coached the team throughout the day.

The boys won some very easy matches but unfortunately were closely beaten by a strong Craigieburn side in the final match. Great effort team!

#### Junior Girls Football - Christina Shennan

Our young junior women took part in the Northern Metropolitan Region Football competition on Friday 21 July. Unfortunately we could only field a team of 14 and did not win any of our games. These fourteen young ladies, however, demonstrated great sportsmanship on the field. Their love for the game was evident, not only during their matches, but in the warm ups in-between games. The camaraderie among the team was obvious as the girls often broke into song in the bus on the way home. A wonderful day for some special young ladies.







#### Year 8 Footy Reflections

As we got to the ground the competition looked quite tough. When we started playing we were proven correct! For the first two games we came very close, but fell short both times. This changed in the last game, however, and at half time we were getting pumped by five goals. Our assistant coach, Jai, then gave us an inspiring speech and told us that we just had to lay some tackles. I had a blast playing footy all day with my mates. I will definitely play again next year. *Will "Frankie" Franklin* 

On 25 July selected Year 8 students drove down to Melbourne to play footy. The first game was against Northcote, with many great plays by Archer and Blake through the midfield, however, it wasn't enough to get us over the line. Everyone played well and Ollie took awesome marks and just ran! *Charlie Hall* 

A quick turn around after our first game saw us up against Princes Hill. We jumped them but we weren't able to convert. When Princes Hill got their chance, they





converted, giving them a nice lead. An even second half, with late goals from Charlie and Luke, but it wasn't enough. SHC lost by seven points. It was great day and we are extremely thankful for Mr Gardner and Mr Zanic who coached us, and all who helped out behind the scenes. *Luke Cameron* 

Finally in the third and final game the boys came up against the best team in the competition and played very well. Although getting smashed by a big margin, multiple people stood up in a tough contest and were luckily rewarded in the second half with a goal from Archer. In this game Charlie H, Blake D and many others played well and put up a good fight. At the end of the day all of the boys had a fun time. *Archer Cook* 

#### Year 7 Boys Basketball - Tighe Thrum 8C

Everyone in the team played exceptionally well, tried their best, worked as a team and had fun!

Henry didn't give up, was a great team player and worked hard getting rebounds. Jordan hit a lot of threes and was great at leading his teammates. Jai created space for his teammates and hustled every play. Khale worked hard on defence and helped get rebounds, and wasn't afraid to try and score. Aidan was a big help by getting a lot of rebounds and not giving up even when he got tired. Liam worked hard and stepped up in games when he needed to, and wasn't afraid to take on the bigger defender. Levi played great defence, getting a bunch of steals, and converted on the offensive end. Oscar was able to find his open teammates for easy scores. Well done boys!



#### Intermediate Girls Basketball - Charity Goodsall

The Intermediate girls enjoyed their trip down to Broadmeadows for the Intermediate Girls Basketball Competition, coming away with two losses and a win in their last game.

They played hard, as did the other teams, and can hold their heads high!



#### **Recognising our Champion State Cross Country Runners!**

On 22 July Sarah Fitzpatrick Year 9, and Tyler Fynch Year 7, competed at the Victorian All Schools Cross Country Championships at Bundoora Park. They both put in an incredible amount of effort to overcome the grinding hills of Mt Cooper. Sarah ran 4km crossing the line 22nd out of 64 runners in a time of 16:13, and Tyler ran 3km crossing 5th out of 146 runners in a time of 9:48. Congratulations to Tyler who has been selected to represent Victoria at the Australian Cross Country Nationals held in Stromlo Forest, Canberra, later this month.

To continue their good work, both students headed to the Victorian Little Athletics Regional Cross Country Carnival in Moama on Sunday 30 July, where the sunshine certainly shone down on our two Cross Country stars. Tyler ran 3km in 9.50 to cross the line in 1<sup>st</sup> place, with Sarah also crossing the line 1<sup>st</sup>, running 3km 11.47. Both athletes have been invited to run at Lake Dewar, Myrniong, at the State Cross Country Championships on 12 August.

#### Senior Boys Soccer - Sam Hanna 12A

On 25 July the Senior Boys Soccer Team went to the Darebin International Sports Centre to play in the Regional Soccer Tournament. We played three matches, and won one of them 1-0 due to a goal from Otis Smith.

Everyone played really hard on the day, especially with only one on the bench. Some notable performances were from Otis Smith, who scored the only goal of the round, Alex Lonergan, who provided

some crucial saves in the goal area, Sam Hanna who led the team as the captain from the back, and Taima Smith, who played very well all over the pitch.

Our coaches, Reece and Zayne, were integral for the day and have a few reflections:

"The team played very well today and didn't give up at all, even when we met opposition much stronger than us. We were able to adapt to situations in the game well and stayed very structured throughout the whole campaign. Even though we didn't make it through, the team showed great determination and teamwork despite missing eight of our crucial players from the first round through injury. All in all, the team played very well and should be proud of what they achieved."

#### Intermediate Boys Football - Jamie Walker

The boys travelled to Northcote to participate in the NMR Intermediate Football. There were blue skies and it was a perfect day for football. They played three games of 15 minute halves, with unlimited interchange options and great opposition teams. We were unable to win a game, however, the last game proved they could work together as a team and almost beat their opponents, who qualified for the next round. The boys showed outstanding behaviour, on and off the field, and were very supportive of each other and the other teams. We received an email complimenting our boys on the way they left their area after the games. Well done boys!







#### Intermediate Girls Netball - Maddy Brennan

On Friday 28 July some of our Year 9 and 10 girls competed in the Northern Metro Intermediate Girls Netball Competition. The girls had an early start from school at 7:45am. We travelled to Macleod and arrived early for our first game at 10.00am.

The girls commenced with a warmup with the assistance of our two wonderful senior student coaches, Angelique



Doherty and Georgia Freeman. We played three games in total, each with four 7-minute quarters. We won the first game against Thornbury, but



unfortunately lost the next two to Melbourne Girls College and Viewbank. All games were extremely close and competitive. Despite a few injuries and position rotations, the girls worked as a team with respect for each other, the other team, umpires and coaches. I was very grateful to have been able to accompany this group of wonderful girls.

#### Year 7 Boys Football - Bill Gaskell

The boys headed down to CT Barling Reserve in Reservoir for the Year 7 AFL Football Competition on 27 July.

SHC played games against Brunswick SC, Northcote SC and Viewbank. The team acquitted themselves very well against these larger Melbourne schools, winning the first half in two games but with the bare 18 players, were overrun in the second half.

The boys played with determination and tried their hardest all day. Ollie Holmes played the last game despite a sore ankle and continued to throw himself into the action.

Goals: Henry Strang 3, James Beattie and Jake O'Grady

Best Players: Khale Smith, James Beattie, Ollie Holmes, Henry Strang, Hayden Kost, Ryder Smith and Jay Leong.





#### Year 7 - 9 Wheelchair Sports

During the first three weeks of Term 2, we have been very fortunate to have Peter from Disability Sport & Recreation (DSR) working with our students from Years 7 – 9. He spoke about his childhood, growing up in another country and dealing with the effects of Polio from birth. His story is truly inspirational which reflects determination, passion and resilience. He always manages to gain a strong rapport with our SHC students, and cares and supports them very much throughout his time at the College.



#### **Student Reflections:**

- Peter was nice and he was good at explaining the process.
- Pete was very encouraging and included
- everyone. Everyone got a chance to touch the ball.
- This was super fun. Peter was so nice and encouraging. People were playing well, amazing teamwork.
- Peter was a very good sport, he encourages everyone to do their best.



#### COMMUNITY NEWS FROM VLINE - TRAIN DISRUPTIONS

#### News from VLINE - Train Travellers Information

Due to the West Gate Tunnel Project works, there will be service changes for parts of the journey between Southern Cross, Bendigo, Swan Hill, and Echuca from Saturday 29 July until Sunday 13 August. This will affect any students who travel between Melbourne and Bendigo (Swan Hill Line), or Melbourne and Sunbury (Bendigo and Echuca lines).

Students can plan their journey using the V/Line or PTV journey planner. There is also a PDF temporary timetable available to download from the V/Line website.

<u>https://www.vline.com.au/Service-Changes/Planned-Disruptions/2023/July/Service-changes-on-the-Bendigo-and</u> <u>-Echuca-lines</u> or <u>https://www.vline.com.au/Service-Changes/Planned-Disruptions/2023/July/Coaches-replace-</u> <u>trains-on-the-Swan-Hill-Line</u>

#### GALWAY DEBATING FINAL ROUND - Andrea Knight, Debating Coordinator

On Tuesday 18 July 2023, our students participated in Round Three of the Galway Debating Competition held at Sacred Heart College.

Around 90 students from participating schools across Melbourne came to compete in debates at Junior, Intermediate and Senior levels. Our Year 8 students were again on hand to assist with timekeeping and chairperson duties.

In Round Three, students were given a 'surprise' topic on the day. They delivered fantastic debates with minimal time to prepare.

Debating is a valuable activity for students at all skill levels. Debating teaches useful skills for other academic interests and life more generally. Debaters build confidence speaking in public, expressing their ideas persuasively, and it is also lots of fun.











### 所問題尼 許色習琶感 - Terry Carrick

The last couple of weeks have been very busy in the Music department. Earlier this week, we held a Monday Music Matinee, hosted by our Music Leaders, Billy Barclay and Kayla Hogbin. This lunchtime mini-concert in the library featured Clare Byham (violin), Declan Linton-Parker (guitar) and Ameliah "Bug" Melville (electric bass), accompanied by Malachy Walsh (electric guitar). These young musicians played beautifully, adding an incredibly lively, joyful vibe to the library.



Our Ensembles Concert last week was an absolute musical success! Over 50 students performed in a number of ensembles. The repertoire showed great variety, ranging from Bach to Beatles, traditional Hebrew to The Troggs and Andrew Lloyd-Webber to A-Ha. These students played to a very appreciative audience, and the event was supported by our wonderful members of FOMP (Friends Of the Music Program).

Last Friday evening, the Kyneton Town Hall rattled with the rocking sounds of local bands, in the Macedon Ranges Shire Council's 2023 Battle Of The Bands. The winner of the coveted People's Choice award was *Elysium*, featuring Sacred Heart's own Malachy Walsh and Alex Kelessy. Congratulations to these fine young musos!

I would like to share an excellent, well-researched brief and article about the link between learning Music, and the benefits in later careers: <u>https://www.fastcompany.com/3037958/why-music-majors-make-some-of-the-best-entrepreneurs</u>











#### NEWS FROM THE HUMANITIES CLASSROOM - Mary Ann Glynn, Learning Area Leader

#### Year 8 History Incursion – Medieval Europe

Our Year 8 Medieval History Incursion transported our students to a bygone era, giving them a unique opportunity to connect with the people, culture, and traditions of the Middle Ages. They learned about the nobles, knights, peasants, and clergy, gaining an understanding of the hierarchical society that shaped the medieval landscape. Interactive activities brought information to life, allowing the students to imagine themselves as participants in this long-lost era.

The highlight of the incursion was undoubtedly the dress-up session. Students were provided with an array of medieval costumes, ranging from noble ladies and gallant

knights to humble serfs and monks. This not only expanded the students' knowledge of the past but also allowed them to step into the shoes of those who came before.

The incursion continued with a showcase of medieval weaponry and armour, explaining their significance in battle and defence. The students were awe-inspired by the craftsmanship and ingenuity of these

historical artifacts, gaining a deeper appreciation for the skills and knowledge of the medieval craftsmen and soldiers. The experience fostered a deep appreciation for the lessons of history, and demonstrated how the past can be an inspiration for the present and the future.







#### Year 7 History Incursion – Ancient Rome

Early last week our Year 7 students embarked on an extraordinary journey back in time through an immersive incursion into the ancient world of Rome. This educational and exciting experience transported young minds to the heart of one of history's most captivating civilizations.

Students were dressed in traditional Roman attire. From there, the students were transferred to a distant era where gladiators battled in the Colosseum and emperors ruled with iron fists.



Each class listened attentively as they learned about the fascinating reenactment of a Roman military training session. With wooden swords and shields in hand, they learned the basic formations and battle strategies used by Roman legions. They also learned about the life of the gladiator and the importance of 'entertaining the mob and the emperor' in deciding their fate.

Throughout the incursion, the Year 7 students were encouraged to ask questions and engage with the knowledgeable presenters. The interactive nature of the experience fostered a deep sense of learning and appreciation for the richness of Roman history and culture.

Thanks to 'History Up Close' for making this a very enjoyable experience for our Year 7 and 8 aspiring historians.





#### YEAR 12 - VTAC Applications

For Year 12 students, Term 3 is a busy and important one as they begin to finalise their decisions about post-school options.

Students who are planning on applying for further education need to complete an application through VTAC. VTAC is the admissions centre for applications. Applications open on Monday 31 July 2023.

To assist students and parents in the application process the Careers Department has provided recorded links from VTAC on the University/TAFE application process. These webinar presentations will demonstrate the steps involved in applying for University and TAFE places, including SEAS (Special Entry Access Scheme) and Scholarship information.

The Careers Department delivered a VTAC presentation to our Year 12 students on Tuesday 1 August, and follow up sessions to support their application will be offered throughout the remainder of the year. We strongly advise that you watch the presentations and webinars to support your young person at this critical time.

#### LINKS:

- 1. VTAC application presentations: <u>https://www.youtube.com/watch?v=-Iw80Zb-5j4&list=PL9fm2yUJHTjiW5oy8JByqN5RDhsI-6rwc&index=7</u>
- 2. VTAC Webinars: https://www.vtac.edu.au/events
- 3. For further resources: <u>https://www.vtac.edu.au/</u>
- 4. SEAS and scholarships: <u>https://www.youtube.com/watch?v=BvyFm5qRfXQ</u>

Should you have any queries please contact a member of the Careers Department via email <u>kwheeler@shckyneton.catholic.edu.au</u> (Karina Wheeler) or <u>kdelaney@shckyneton.catholic.edu.au</u> (Kristina Delaney). Alternatively, you can contact VTAC directly at **(03) 9926 1020.** 

# H<sup>eard</sup> it on the Grapevin



### **Student Achievements**

If you would like to highlight your student's achievements outside of school, please email <u>newsletter@shckyneton.catholic.edu.au</u>

## Nic Hanna, Year 12, will be completing the Firefighter Climb to raise valuable funds!

On 2 September, I will be climbing 28 floors in 25kg of kit to help raise \$700,000.00 supporting the beneficiaries of Lifeline, Peter MacCallum Cancer Foundation and 000 Foundation. Every year so many people around Australia, some people I know, are affected by mental health issues and cancer. The money raised will improve support services, fund research, remove stigmas and raise awareness of cancer and mental health issues, especially for those within the Emergency Service and Defence communities.



Please help me 'Step up to fight cancer, depression, and suicide' by sponsoring me below. Thanks to the stair climb sponsors, 100% of every dollar donated will go to cancer research and crisis support. <u>https://www.firefighterclimb.org.au/climber/nichanna/</u>

Lauretta Hanson has made her debut at the Tour de France Femmes - Article and photos curtesy of Midland Express.

Lauretta is a past student (Class of 2012) and is currently competing in this prestigious event in France. It's a proud milestone for the

28-year-old from Fern Hill who the Macedon Ranges has been cheering on throughout her professional road cyclist career.

"I've always watched the Tour de France, but it was only last year that a women's edition was added to the race and I was allowed to dream of racing it for myself," she said.

"It's a pretty special moment and I'm excited to be a part of one of the most iconic races in the world."

Lauretta was one of two Aussie members of the seven strong Lidl-Trek team. They faced eight stages with a start at Clermont Ferrand on July 23, and finished with a Time Trial in Pau in the south of France on Sunday.

Lauretta was injured when she took a metre-long slide in the wet during the second stage but brushed off the incident as minor.

"I'm okay, I'm fine, it's just a bit of road rash but it could have been much worse!" she said.

"The toughest stage is probably going to be stage seven where we finish at the top of Col du Tourmalet. It's an iconic climb in cycling and one of the highest paved mountains in the French Pyrenees."





On her social media, the rider confirmed this prediction, "Thank you Col du Tourmalet. I was broken, battling through fatigue and a tummy bug, but the fans kept me going and gave us all a day to remember".

# The Arts Ben Gallagher - Arts Learning Area

Senior Art and VCD students are hard at work, finalising their folios in preparation for our VCE Art Exhibition, on Friday 13 October. The 11 and 12's are spending long hours in the art rooms, creating their artworks and it's a privilege to see where their creative process leads them.

It's also been great to see the foyer of Buckley buzzing with interest in the 'Pets With Personality' display this week and we also had our lunchtime Weird Wednesday art workshop, which is on every week in Buckley, with a stack of students having fun with drawing. Check out images from this workshop below.









Unit 2 Theatre Studies students have been learning about the 'Australian Gothic' theatre style, exploring its conventions and techniques, in preparation for designing and performing an interpretation of the play 'Where in the World is Frank Sparrow'.

Check out images below of the students in 'Gothic' mode, playing with lighting, sound, stillness and tension.







# The Arts

The Year 12 Drama students are presenting **'The Real Inspector Hound'**, by Tom Stoppard, a classic 'whodunnit' comedy with a 'twist', on Thursday 31<sup>st</sup> August and Friday, 1<sup>st</sup> September in the Mary Maloney Theatre. More info will be in the next newsletter.

The class is also hard at work devising their 'Solo Performances', their performance exam for Year 12 Drama, where they devise a 7-minute 'Solo Performance', which they present to VCAA Assessors in Bendigo on the first day of Term 4. This is the first Year 12 exam this year, so we wish them all the best of luck. The general public will get to see their work in the last week of term, on Wednesday 13th September at 7pm, in the Mary Moloney Theatre.

## WHO IS INSPECTOR HOUND?

## **Props Required for Production:**

- Wheelchair (older the better)
- Very old radio (working or not)
- Couch with high legs (older style)
  - Older style card table

If you can help with any of these items please email: bgallagher@shckyneton.catholic.edu.au

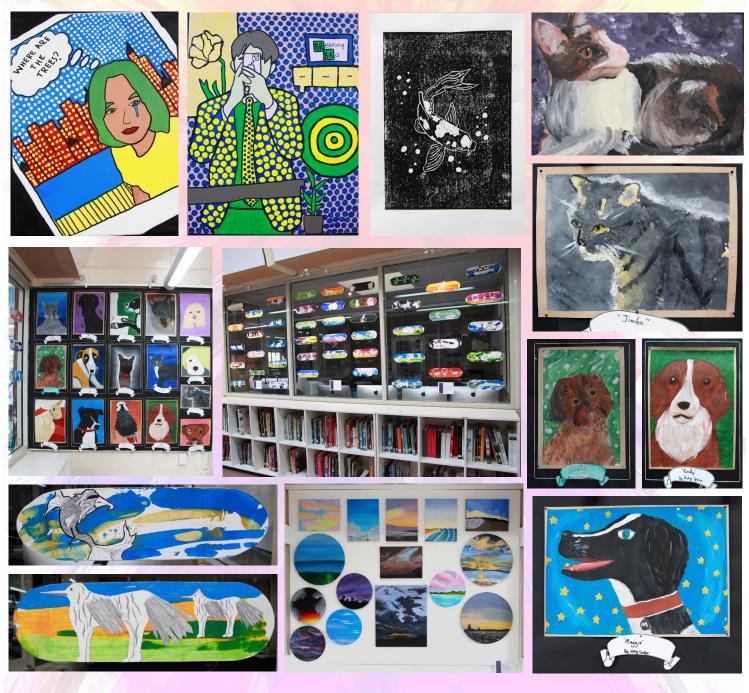
# The Arts Anne Berend - Art Teacher

#### Art Exhibition in Buckley

Currently the Year 7 to Year 10 Art classes have their work from Semester 1 on display in Buckley. We have an array of exceptional work for students in the school community to view, including:

- Year 10 Sky Scapes •
- Year 10 Lino and Etching Prints
- Year 9 Pop Art Portraits
- Year 7 & 8 Skateboard Deck Designs
- Year 7 & 8 Pet Portraits

The central display space is full of the creativity and range of talent to explore and appreciate.



## The Rotary Club of Kyneton

ROTARD O PACENNATIONS

The Rotary Club of Kyneton supports The Year 12 National Youth Science Forum NYSF 5-13 January 2024. https://www.nysf.edu.au/programs/year-12-program/

Pending satisfactory application and interview, Kyneton Rotary would consider helping students with costs.

<u>Rotary Youth Program of Enrichment (RYPEN</u>) is a weekend camp later on in the year to help students achieve better outcomes in life . Again, on satisfactory application and interview, Kyneton Rotary would pay the full cost of this camp.

Please look into these programs and we look forward to student applying for these wonderful opportunities.

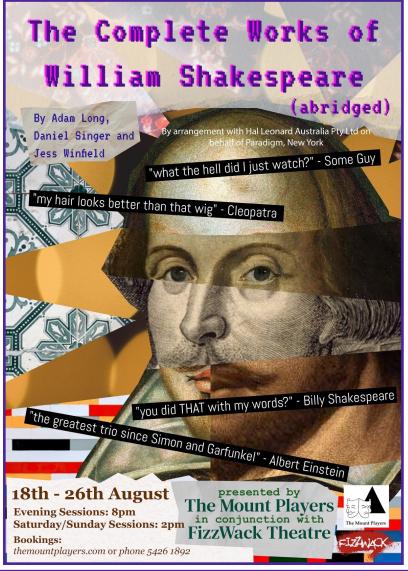
#### 37 Plays in 97 minutes with 3 actors... What could possibly go wrong?

The Complete Works of William Shakespeare (Abridged) is a delightful, fast-paced romp through the Bard's work as three manic men in tights hurtle through all of Shakespeare's plays, leaving you in stitches.

The Mount Players join FizzWack Theatre to bring you a show that takes those long, sometimes tedious and serious subjects, and condenses them down into a couple of hours of frivolity.

If you love Shakespeare, you will love this show! If you hate Shakespeare, you will love this show!

Running from 18 – 26 August ....it's going to be a real hoot so don't miss out!





## Victoria Police

### Macedon Ranges CommSafe Forum

## **Community Invitation**

Victoria Police invites members of the community, to attend the <u>Macedon Ranges CommSafe Forum on</u> <u>Thursday 24 August 2023</u>.

The forum welcomes local services and community members to talk with police about what is important in your community.

The forum will explore a range of topics including:

- Current crime trends and crime prevention
- Young people
- Family violence
- Road policing
- Drugs and drug related crime.

The forum will be run by a Victoria Police panel. Questions will be taken from the audience throughout the event.

Registration is a must. To register your interest, please send your details to: <u>MACEDONRANGES-DI-OIC@police.vic.gov.au.</u>

Refreshments and food will be offered. If there are any dietary requirements, please include them in your registration.

Safe community Safe speeds

Safe people



Date: 24 August 2023 Time: 9:30am – 12:30pm Location:

Kyneton Bowling Club, 61-79 Mollison St, Kyneton, 3444.