

Prayer

*My God, I am yours for all eternity.
Teach me to cast my whole self
into the arms of your Providence with the most lively,
unlimited confidence in your compassionate, tender pity.
Grant, O most merciful Redeemer,
that whatever you ordain or permit may always
be acceptable to me.
Take from my heart all painful anxiety;
suffer nothing to afflict me but sin,
nothing to delight me, but the hope of coming to the
possession of You
my God, in your own everlasting kingdom.
Amen.*



PRINCIPAL'S MESSAGE - Dr Darren Egberts

This week's prayer was written by the foundress of the Sisters of Mercy, Catherine McAuley and is regarded amongst her most personal reflections. This week, I have been attending the Australasian Mercy Secondary Schools Association (AMSSA) conference hosted by All Hallows College in Brisbane. The conference explored the theme, "Mercy in liminal times" and alongside four other Sacred Heart College leaders, have enjoyed a variety of engaging and challenging keynote speakers, workshops, liturgies and a conference mass.

The conference theme recognises that schools in the Mercy tradition across Australia are in uncertain times after several years of the Covid pandemic as well as difficult economic times challenging our mission and message. The young people that we seek to educate and grow are subject to increasingly mixed messages from media especially in the online world with traditional sources of authority and truth discredited in their minds.

The challenge of living in uncertain times was explored by the conference's opening keynote speaker, Sr Berneice Loch RSM, the first leader of the Institute of Sisters of Mercy of Australia and Papua New Guinea (ISM PNG). Sr Berneice compared the situation of Catherine McAuley in the early 1800's with contemporary times. She identified the challenges and complexities Catherine experienced as a Catholic woman determined to establish a House of Mercy that would serve the poor women and children of Dublin. Sr Berneice encouraged Mercy schools and their leadership to be open to vulnerability and the times of 'unableness' as the real opportunities to allow the Holy Spirit to guide our mission.



Year 10 Ski Camp

Next week sees our Year 10 students and staff heading to the Victorian Alps for the annual Sacred Heart College Alpine Camp. It is a prospect that fills many Sacred Heart College households with excitement and anticipation. I encourage all Year 10 families to pay particular attention to the PAM Ski Trip information that has been distributed and the guidelines that direct student expectations and behaviour for the week.

Yours in Mercy,

Dr Darren Egberts
Principal



Year 9 Urban Challenge Camp



We are twenty-four days away from Year 9 Camp, with lots of excitement amongst students who are looking forward to this new adventure. Parents will receive communication today with the link to the zoom presentation by Urban Challenge which occurred on Wednesday 16 August. Just a couple of things that we need to remind everyone about the camp:

1. Students that haven't registered to go camp must do so by the end of the week.
2. Students need to be at School on Monday 11 September at 6:00 am ready to leave on the buses by 6:30am.
3. Students need to be in full PE school Uniform. They can wear warmer jackets, but the school's PE uniform is compulsory.
4. Please refer to the information provided by Urban Challenge to check what students need to pack.
5. There will be no classes at the College for Year 9 during Camp Week.
- 6 If you have any questions:
 - Camp Coordinator – Damien Zanic dzanic@shckyneton.catholic.edu.au
 - Student related concerns – Angelica Violante (Year Level Leader) aviolante@shckyneton.catholic.edu.au

Thank you

Year 9 Team



Bereavements - Your prayers are asked for the following family who is mourning the passing of a loved one recently. The Steel family on the passing of Kevin Shepherd, grandfather of Nash 10F and Zane 10E.

Our thoughts are with you all at this sad time.

CALENDAR DATES

Mon 21/8 to Fri 25/8 - Year 10 Alpine Camp

- Mon 21/8 - Mickleham Year 8 Boys and Mixed Girls Basketball
- Guest Speaker for book week
- Music and Year 12 Drama Tutorials 3.30pm to 4.30pm
- Tues 22/8 - Period 5 in MPR 3.30pm to 5.00pm
- Senior Art - Life Drawing 3.30pm to 5.45pm
- Wed 23/8 - Year 11 Volunteering Group to OLOR
- Thur 24/8 - Morning Tea for new families 10.00am
- Fri 25/8 - Watta Watnanda Day Excursion
- Year 11 P E Croquet
- Return of Year 10 Alpine Camp
- Sun 27/8 - Unit 3/4 VCE Biology Revision Lecture
- Mon 28/8 - Debating Lunchtime Showcase
- Music and Year 12 Drama Tutorials 3.30pm to 4.30pm

- Tues 29/8 - LINC's Adventurous Journey Practice Hike
- Unit 3/4 P E Incursion METS Performance
- Intermediate Lunchtime Debating Showcase
- Wed 30/8 - LINC's Community Service Gardening Project
- Year 11 Volunteering Group to OLOR
- Year 12 Music Recital
- Senior Art - Life Drawing 3.30pm to 5.45pm
- Thur 31/8 - Seeds of Justice Regional Event Two day 31/8 to 1/9
- Unit 4 Chemistry - VSSEC Program
- Period 5 in MPR 3.30pm to 5.00pm
- Senior Play - The Real Inspector Hound 6.45pm to 8.45pm
- Fri 1/9 - **Father's Day Breakfast 7.00am to 8.30am**
- Return of Seeds of Justice Event
- Senior Play - The Real Inspector Hound 6.45pm to 8.45pm

NEW PAYMENT METHOD FOR LUNCH ORDERS

This is the final week that students are able to order their lunch using their phone. From Monday 21 August, all payments in the Atrium will be via the Student Card (My School Connect), Cash or physical Credit/Debit cards.

Reminder

Set up your *My School Connect* account for canteen ordering for the start of Term 3.

Flexischools will no longer be in use at Sacred Heart College.

Families have been sent an email from *My School Connect* containing an activation link.

If parents have any queries or issues, please contact the support area by the following link: <https://myschoolconnect.com.au/contact>



*Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children.
Further information about Child Safety at SHCK can be found on the College website.
<https://www.shckyneton.catholic.edu.au/our-college/child-safe/>*

WELLBEING WEEK

Wellbeing Week is a highlight of the Sacred Heart College year. Week five of Term three each year is a dedicated week focusing on aspects of Wellbeing. Organised by the Junior and Senior Student Wellbeing Leaders, in conjunction with our College Counsellors, the students had opportunities to partake in different and enjoyable activities. All students were presented with a colourful wristband, imprinted with the simple but positive message: 'Be kind, be true, be you'. Lunchtime activities included: a hip hop workshop, where students had the opportunity to learn some great techniques from some expert dancers; a lunchtime performance given by talented ex Sacred Heart student, and well-known musician and songwriter, Taylor Sheridan; fabulous badge-making; music in the courtyard on arrival at school, and a staff meeting where staff wellbeing was checked in on. Information pamphlets from Beyond Blue and Head Space on managing different Mental Health conditions were made available in different areas around the College. The week concluded with a delicious and well received Healthy Breakfast for the whole school, organised by our Health Centre Coordinator and Hospitality staff and students.



MERCY DAY

This week the PAM permission and Colour Run Fact Sheet will have been sent home. Please take the time to read the information about the day, and make sure you give permission to participate if your child wishes to. The coupon envelopes have been handed out in Homeroom so if you have not as yet seen this, please check school bags or ask of its whereabouts. Students can only purchase a maximum of \$10 worth, with more available to top up on the day if needed. This is important, as excess coupons cannot be redeemed. All money for coupons goes towards Mercy Works, the charity arm of the Mercy Sisters. A guest speaker addressing the students at the beginning of the day will outline where the money collected will be going.

Mercy Day is an important part of being a Mercy school, and commemorates the opening by Catherine McAuley of her Baggot Street residence as a place for educating homeless girls. We celebrate this with a community building day, with many activities and fun events happening. All purchases and entries to competitions and activities happen through coupons. A free BBQ lunch will be provided for all students. The Colour Run is a fun filled activity that requires the wearing of old lightly coloured clothes to get the full effect, and costs \$5 entry. Permission must be given through PAM for students to be able to participate.

CROSSING THE ROAD

Some members of the public have alerted us to several near misses with students not using the crossing in High Street – they have almost hit students with their vehicles. Please remind students that, where a school crossing is available, it is illegal to cross the road elsewhere. This could result in the students being fined as well as hurt. Also, please consider where you park on High Street when picking students up from school, and speak with your child about pedestrian safety if they walk home.

PHONES AT THE CANTEEN

A reminder that this is the last week that mobile phones will be able to be used to pay for food at the canteen. Students may use EFTPOS and credit cards, cash and their Student Card if it has been linked to **MY SCHOOLS**. You can still pre-order lunch which requires no payment at school at all. From Monday 21 August, payment by phone will NOT be accepted.



*Fathers, Grandfathers and Guardians, together
with their SHC students are invited to attend the*

Annual Sacred Heart College Father's Day Breakfast

Friday 1 September from 7:00am - 8:30am
Arthurson Atrium

**RSVP: via Connect Survey in PAM by
Thursday 24 August 2023**
*(Due to catering and ordering purposes
this is the final date we can accept replies)*

**Due to the popularity of this event, we suggest you
arrive prior to 8:00am to ensure you have
enough time to enjoy breakfast.**

Sacred Heart College Kyneton

NEWS FROM THE BUSINESS MANAGER — *Matthew Shaw*

*****SCAM ALERT*****

The Commonwealth Bank is advising schools that a new scam is doing the rounds in Victoria. Scammers are impersonating Catholic and Independent school debt collectors and offering steep school fee discounts to take payment directly via Credit Card.

At Sacred Heart College Kyneton you should only be contacted by three entities regarding your school debt:

1. The College – Accounts Receivable Office
2. Waterman's Receivables – Debt Collectors.
3. Arro Lawyers – For matters requiring legal action.

If you are contacted regarding outstanding fee debts and have concerns regarding the contact's legitimacy, please contact Accounts Receivable at the school via 03 5421 1218, or email accountsreceivable@shckyneton.catholic.edu.au for verification.

Student Progress Interviews (SPIs)

A reminder that the Student Progress Interviews (SPIs) have been moved from the end of Term 3 to the start of Term 4 to allow teachers attending the Year 9 camp to participate. Dates are at the end of this newsletter and are on the Simon calendar. Friday 15 September remains a student-free day.

The interim reports will be released as usual in the last week of this term, and parents/guardians will be notified when the interviews open for bookings through PAM. Please don't forget that you are welcome to contact your children's teachers at any time – you don't have to wait for the SPIs.

NAPLAN results

A summary of our 2023 NAPLAN results can be seen below. More comprehensive analysis has been conducted to allow our teachers to tailor our courses to meet the specific needs of our students.

| Year | Level | Outcome | NAS | Developing | Strong | Exceeding | Students |
|---------|-----------------------|-----------------------|------------|-------------|------------|------------|----------|
| 2023 | 7 | GRAMMAR & PUNCTUATION | 10.1% (13) | 20.9% (27) | 48.8% (63) | 20.2% (26) | 129 |
| | | | 31% | | 69% | | |
| | | SPELLING | 7% (9) | 29.5% (38) | 44.2% (57) | 19.4% (25) | 129 |
| | | | 37% | | 64% | | |
| | | NUMERACY | 6.3% (8) | 20.6% (26) | 69% (87) | 4% (5) | 126 |
| | 27% | | 73% | | | | |
| | READING | 1.6% (2) | 22.5% (29) | 51.9% (67) | 24% (31) | 129 | |
| | | 24% | | 76% | | | |
| | WRITING | 4.7% (6) | 25% (32) | 52.3% (67) | 18% (23) | 128 | |
| | | 30% | | 70% | | | |
| 9 | GRAMMAR & PUNCTUATION | 6.4% (10) | 24.4% (38) | 53.2% (83) | 16% (25) | 156 | |
| | | 31% | | 69% | | | |
| | SPELLING | 7.1% (11) | 19.2% (30) | 59.6% (93) | 14.1% (22) | 156 | |
| | | 26% | | 74% | | | |
| | NUMERACY | 3.8% (6) | 24.2% (38) | 66.9% (105) | 5.1% (8) | 157 | |
| 28% | | 72% | | | | | |
| READING | 6.4% (10) | 16% (25) | 59% (92) | 18.6% (29) | 156 | | |
| | 22% | | 78% | | | | |
| WRITING | 5.2% (8) | 24.7% (38) | 50.6% (78) | 19.5% (30) | 154 | | |
| | 30% | | 70% | | | | |

Exceeding: The student's result exceeds expectations at the time of testing.

Strong: The student's result meets challenging but reasonable expectations at the time of testing.

Developing: The student's result indicates that they are working towards expectations at the time of testing.

NAS - Needs additional support: The student's result indicates that they are not achieving the learning outcomes expected at the time of testing.

They are likely to need additional support to progress satisfactorily.

'HAVE YOU GOT THE APP YET'!

The simplest way to use PAM and keep up to date with activity permissions, sick passes, absences, and your child's education is to download the SIMON Everywhere App. If you need some help setting this up please reach out to our Administration Team, we would be happy to help you.

We want this module to be your one stop shop for all things Sacred Heart College. If you have any suggestions, feedback, or issues in regard to PAM please contact us via email - pam@shckyneton.catholic.edu.au



1. Download the App



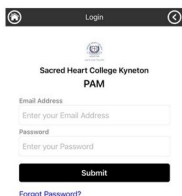
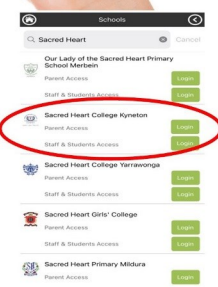
2. Click on the Menu



3. Click on + to add School



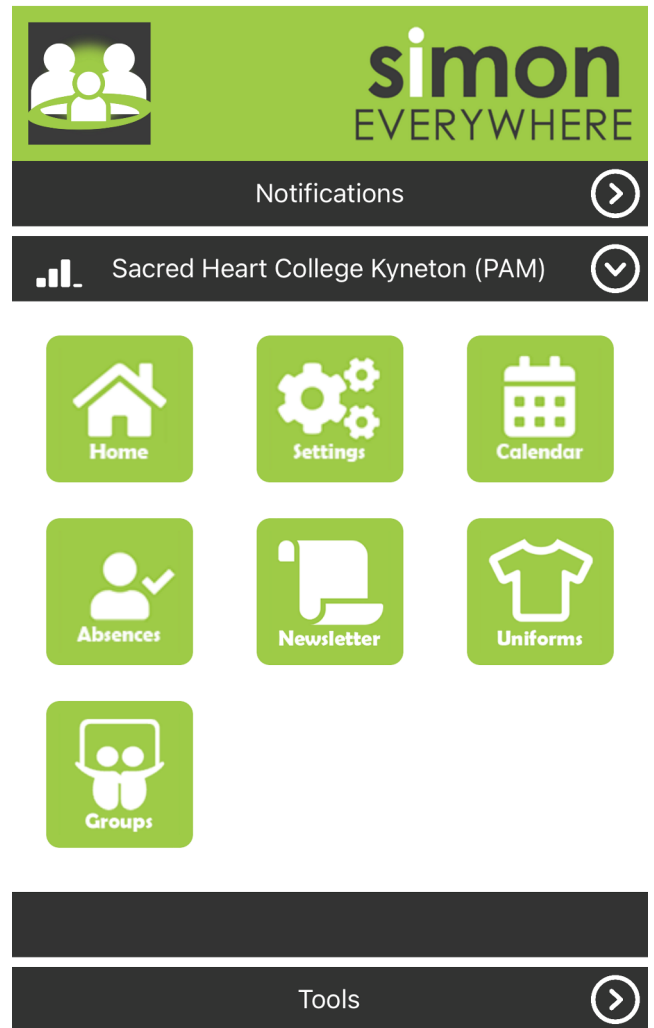
4. Choose Sacred Heart College Kyneton
Select 'login'



5. Login using your PAM username and password

Your app log in details are the same as your PAM user name & password.

To reset your PAM password or to ask for help please email pam@shckyneton.catholic.edu.au



College Chapel: Sharing Stories

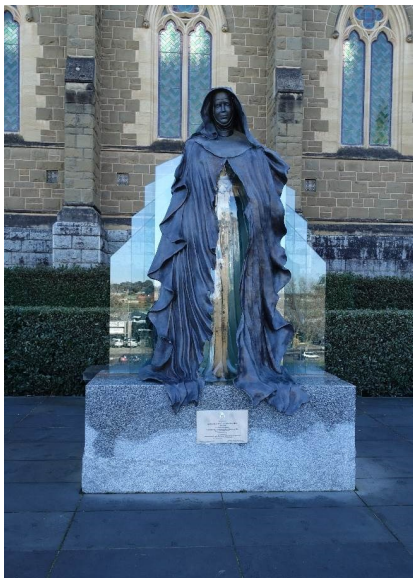
Our College Chapel is the heart of our school in many respects, and we would love to hear from families about what this space means to you. If you would like to make a time to visit the chapel and share your stories about this sacred space, then please feel. You are welcome to contact Sam Weir to arrange a time: sweir@shckyneton.catholic.edu.au



R E NEWS - Victoria Mackay, Learning Area Leader

Year 10 Religious Education World Religion Excursion

On Thursday 3 August, the Year 10 Religious Education students spent the day visiting the Great Stupa and the Sacred Heart Cathedral, as part of the World Religion excursion. During this time the students learned about both the history and sacredness of these spaces, along with the rituals and customs of each Religion.



Over the last few weeks, the Year 11 Health and Human Development students were involved in the Virtual Parenting Program to link in with their current topic of Parenting and Prenatal Development. In this program the students had to care for and tend to the needs of a robot ‘baby’ that cried when it needed to be cared for. Each student had to experience life as a parent for 24 hours as they took the baby to their normal classes as well as home for one night. The students enjoyed the experience, and many have a newfound respect for the effort it takes to be a parent!



We were also lucky to have previous staff member, Ben Cass, and his partner, Bella, come in with their baby to discuss her development and the milestones she has been reaching. This was extremely beneficial to the students, as they were able to see how the content they had been learning in class happens in life. A massive thank you to Ben and Bella for giving up their time to come and talk to the students.



JARLMADANGAH NEWS - Brett Gardner

Jarlmadangah Students – Gift to Nyikina Mangala Community School

The students who attended the Jarlmadangah Journey in W.A. were recently given the opportunity to support the students and adults associated with the Nyikina Mangala Community School.

They managed to source boxes of sports apparel from a local company (ICON CV – based in New Gisborne) with which Mr Gardner fortunately has a connection.



It took some organisation, and a lunchtime, but they successfully sorted out all of the clothing into sizes, and this will soon be sent to the community school.

Thank you to all of the students who gave up their time to help with this project.



SPORTS REPORT

Interschool Athletics – Mickleham Division - *Jamie Walker*

Thursday 10 August saw the next round of Athletics with 56 students travelling to Epping with Ms Goodsall, Mr Oreo, Mr Zanic and Mr Walker. The weather was cloudy with patches of sunshine, and importantly no rain! Apprehension was palpable as the Sacred Heart competitors glanced at potential foes and began their warm-up routines (or not). Our Sport and Recreation students, Isha and Tom, were organised for their duties at the discus venue, and teachers were assigned to attend and assist where possible throughout the day. The competition that they supervised ran seamlessly, all results were compiled and their duties were finalized at 1.30pm. Great work Tom and Isha.

Throughout the day many students participated in their events and achieved placings, with multiple winners of field events progressing through to the next round on 30 August. Individual track event winners and second placegetters will progress also.

Many thanks to the competitors from Sacred Heart for the great sportsmanship and graciousness that they presented while competing. Conversations with one of our bus drivers showed that he appreciated the respect that he was afforded by our students, and the care that they provided for each other. He truly believes that we live what we speak about in all our actions, and enjoys driving Sacred Heart students and staff. Well done all.

| | |
|------------------------|--|
| Tyler Fynch | – 1 st 400m, 800m, 1500m |
| Molly Ramselaar | – 1 st Discus, Javelin |
| Isla Munro | – 1 st Triple Jump |
| Rhys Bosanko | – 1 st Triple Jump |
| Anna Elliott | – 1 st Triple Jump |
| Sadie Collins | – 1 st 100m |
| Inga Foerster | – 1 st 1500m |
| Kuppah Kome | – 1 st Shot Put, Discus & Javelin |
| Hailey Stubbs | – 1 st Shot Put, Discus |

| | |
|--------------------------|---|
| Sarah Fitzpatrick | – 1 st 800m, 1500m |
| William Eshuys | – Discus |
| James Murphy | – 1 st High Jump |
| Lucy Munro | – 1 st Javelin |
| Emma McCalman | – 1 st Long Jump, High Jump, Javelin, 100m |
| Molly Garrahan | – 1 st Triple Jump |

RELAYS: 1st - 12/13yo Boys/Girls, 14yo Girls, 16yo Girls, 17yo Boys/Girls





SHC Participates in the Champions Cup

The Champions Cup is Basketball Victoria's elite schools' tournament. The tournament is for government, independent and private schools across all sporting associations, meaning the best of the best compete against each other.

On Tuesday 1 August a team of Year 9 and 10 SHC boys (mostly U16s) participated in the U17 division of this event. Unfortunately, the team started the day missing three of their players due to injury – one of these, Alex Gray, was able to step into the role of coach and did an amazing job. The boys fought hard across the day, winning their match against St Patrick's Ballarat 70-44, but losing their matches against Parade College and Western Heights College (all schools with specialist sports programs). Played at an extremely high level the team stayed competitive in all matches.

A big thank you to the parents who made this happen and gave their time across the day. Team members: Alex Gray (coach), from left: Sam Haslett, Jordan Baldwin, Issac Farrelly, Rhys Garrahan, Ruben Hewitt, Tyler Ball and Joel Zoch. Injured players unable to attend were: Ben Rankin & Cody Eve.



Victorian School Netball Championships - Jodie Wattie

On Tuesday 14 August we took three teams to the Victorian School Netball Championships. This is a huge tournament that sees schools compete from across the State. It is always a very high standard of competition and is a great challenge for our girls. The junior, intermediate and senior teams all had strong performances on the day. The teams had more wins than losses and the couple of losses/draws each team had were very tight contests. The seniors finished the day in 4th, the intermediates finished in 3rd and the junior team finished in 5th – playing 7 games each for the day.

The girls demonstrated excellent sportsmanship and respect and were an absolute pleasure to coach. Well done girls!



Heard it on the Grapevine



Student Achievements

If you would like to highlight your student's achievements outside of school, please email newsletter@shckyneton.catholic.edu.au

Lachie Goodes (8C) won the 'Nicley Played' award at the Macedon Ranges Shire Council Youth Awards on Thursday night. This is for youth excelling in recreational activities. Lachie participates in trail running and long distance cycling. He was the youngest award winner on the night. He is also the youngest member of the Macedon Ranges Cycling Club, and past SHC student, Loretta Hansen, met with him when she came home for the Summer tour. She gave him a lot of gear and he's been following her journey on Instagram as she (hopefully) prepares for the Olympics. Lachie was nominated by a member of the Riddells Creek Lion's Club after seeing all the things he participates in on Social Media. Well done Lachie!



Mt Stirling Camp

Year 11 students undertaking Unit 3/4 Outdoor and Environmental Studies have completed their final camp as part of the course. We spent an enjoyable, but challenging time, camping in the snow at Mt Stirling for 3 days / 2 nights.

Our journey began with a steep 45-minute hike up to the snow line to our camp site. After practising and learning new skills, we spent the following day exploring the trails of Mt Stirling. We were lucky enough to have a window of opportunity where the students reached the summit of Mt Stirling.

After our time in the snow, we spent the night and the following day exploring the Mountain Ash Forests of Toolangi State Forest – where we investigated the different relationships people have with this outdoor environment.



VCE VM Zoo Visit

On Thursday 3 August, the Year 11 VCE VM class visited the Melbourne Zoo as a part of our Unit 2, Area of study 'Community Cohesion'. The aim of the day was to find out about Connecting Community with Conservation, and how the zoo engages with members of the public to help with wildlife conservation and be aware of the influence their actions have on the environment. We engaged in a workshop with one of the zoo educators, who helped us to understand what we can do to look after our environment and animals through a very fun role-play and Q&A session, (which involved some interesting questions to say the least).

It was fascinating to learn about some the animals at the zoo and what they get up to. Being at the zoo and seeing what our rubbish can do to animals first hand can be quite upsetting but it enlightened everyone to do better and be a lot more mindful about how our rubbish is polluting our environment. Everyone's favorite part of the day was being able to explore the zoo and look at all their favorite animals. It was a great day to learn about serious issues which effect everyone, as well as being lots of fun, but still very informative. **Lenni McCarthy Year 11**



Hofmann Engineering Fieldtrip

On Friday 11 August the Year 11 and Year 12 VCE VM/VCAL/VPC student group attended Hofmann Engineering in Bendigo for a tour and information session.

The purpose of the excursion was to find out about a 'local' company and the variety of jobs within it that students may be interested in pursuing. It also provided the students with the opportunity to witness people at work participating in different types of engineering – fabrication (boiler making) and mechanical (fitter/machinist).

The other focus of the excursion was to allow the students to see OH&S standards within a company, and how these impacted the students themselves whilst on site. This aspect of the excursion directly relates to the Work-Related Skills units that the students study as part of their VCE VM, VCAL or VPC courses.

The students all participated in a tour of the facility, as well as an information session delivered by the CEO of Hofmann Engineering. Overall, the students found the visit to Hofmann interesting and informative, regardless of whether they have an interest in engineering as a future career.



Au revoir, Louis

After 5 weeks with us, Louis, our French exchange student has returned home to France. Louis really immersed himself into our school community, made some great friends and was a great help in our VCE French class. Here is a short note he wanted to share with everyone here at Sacred Heart College:

I would like to thank you all for your hospitality during the five weeks I have spent here at Sacred Heart College. It was a pleasure to attend classes here because that was a very good opportunity for me to practise my understanding and speaking of English. I came to Australia to improve my English because I need it for university. At the beginning, it was quite difficult to understand the Australian accent but after a bit of time, I started to understand and now it's a lot easier so that's a good sign for me. I also came to Australia to discover the country. And I have to say that the landscapes are very beautiful, I discovered kangaroos and wombats, but also different dishes like Parma and vegemite (I will never eat this again), and sports like netball, cricket, and footy.

I wish you all the best for the rest of the year, Louis



MEDICATION AND CAMPS

To ensure safe administration and storage of medications, any student requiring medication while on camp must hand their medication to their homeroom teacher the first morning of camp. All medication needs to be clearly labelled with the student's name and in its original packaging. All medication needs to be accompanied by a completed Medical Authority Form. A Medical Authority Form can be found on PAM and on the College website or via this link: <https://www.shckyneton.catholic.edu.au/our-college/policies-and-forms>. If you have any questions please don't hesitate to contact Health Centre Coordinator, Jalna Holmes, at the College on 5421 1200



INFLUENZA (Flu)

We have a confirmed case of Influenza B (flu) within the College. The flu is a contagious viral infection that can cause severe illness and life-threatening complications, including pneumonia. The flu is spread by contact with fluids from coughs and sneezes.

The common symptoms of the flu are fever, a dry cough, body aches, feeling extremely weak and tired, sore throat and a runny or stuffy nose. A fact sheet on the flu can be found at <http://www.betterhealth.vic.gov.au/health/conditionsandtreatments/flu-influenza>, please take the time to read it so you become familiar with the virus, in particular its signs and symptoms.

As the flu is highly contagious and since there have been several cases reported in our local community, the College is taking every precaution to prevent further spread of the infection. If your child is unwell and or showing flu like symptoms, please don't send them to school. If your child is displaying flu like symptoms while at school, they will be isolated and parents/emergency contacts will be called to collect them. The Public Health and Wellbeing Regulations state that students are to be excluded from school until they are well. If you have any questions, please don't hesitate to contact Health Centre Coordinator, Jalna Holmes, at the College on 5421 1200

Year 10 Mock Interview Program – Can You Help?

We're seeking industry professionals who are happy to conduct interviews online with students via Microsoft Teams. People working in all industries are welcomed, specifically with any expertise in the interview process.

By participating our students can practise for an interview, learn how to answer difficult questions, develop interview strategies, improve their communication skills and reduce stress before an actual job interview.

If you're interested in helping, the program will run from **Monday 9 October – Thursday 19 October** in 1.5 hour sessions. Please note you will be interviewing three students per session, via Microsoft Teams.

Please select this Google forms link if you're interested in participating, nominating which session/s you're available: <https://forms.gle/xNe133iMP368yZBv6>

Once an expression of interest is received, the College Careers Team will be in contact with specific details and information.

If you would like any further information, please contact the Careers Team on 5421 1254 or email Lucy King lking@shckyneton.catholic.edu.au

Many thanks for your help, and we appreciate your support for our students!

SHC Careers team thank you for supporting our students as they transition from school into the world of work

Career Tools Website



Click here to
Access the new
Career Tool
Website

For our latest Careers Newsletter please head to our new Careers Tools website at www.shckynetoncareers.com and go to IMPORTANT INFO then careers newsletter!

University Lunchtime Presentations— Lucy King

The Careers Team recently hosted a series of guest speakers from various universities. The sessions were for Years 10 - 12, enabling students to hear directly from La Trobe, ACU, RMIT and Vic Uni about transitioning to university and other pathways. Students also had an overview of courses available, early entry programs, plus an opportunity to have their questions answered.

Sacred Heart College also welcomed back former graduate, Bryn Rowland, currently in his third year of a double bachelor's degree in nursing/paramedicine, who spoke about his experiences at ACU.

Students said the sessions: *"Helped alleviate the stress of understanding university and life after school"* and *"The one-on-one chat with Bryn Rowland helped me understand the possibilities at university."*



The Arts

Ben Gallagher
VCE Drama Teacher
Arts Learning Area Leader

SHC SENIOR PLAY - 'THE REAL INSPECTOR HOUND'

The Sacred Heart College VCE Drama class presents 'The Real Inspector Hound' in the **Mary Moloney Theatre** on **Thursday 31 August** and **Friday 1 September** at **7.00pm**, with a matinee at **12.15pm** on **Thursday 31 August**. Following on from the success of 'The Dream' last year, we thought we'd try something very different for 2023!

'The Real Inspector Hound' by **Tom Stoppard** is a parody of the drawing room murder mysteries that Agatha Christie made famous. Two theatre critics accidentally end up inside the plot of a 'whodunnit' they are supposed to be reviewing – with very funny consequences. Every character is not what they seem to be *and* has a motive – and then Inspector Hound turns up and it gets worse.

The students have worked since the beginning of the term to develop the play and in two weeks they open! Come along and support the show – it's a small but tight knit cast and they've worked extremely hard to put on this play. We also have a extra special guest and other surprises each night as well.

Tickets are **\$8 and \$5 Concession** and will be available via TryBooking, with a link to be published on Daily Messages next week. Hope to see you there!



SHC DRAMA PRESENTS...



THE REAL INSPECTOR HOUND BY TOM STOPPARD

Thursday 31st August & Friday 1st September
at 7.00pm.

Matinee 12.15pm on Thursday 31st August
Mary Moloney Theatre,

Sacred Heart College, Kyneton.

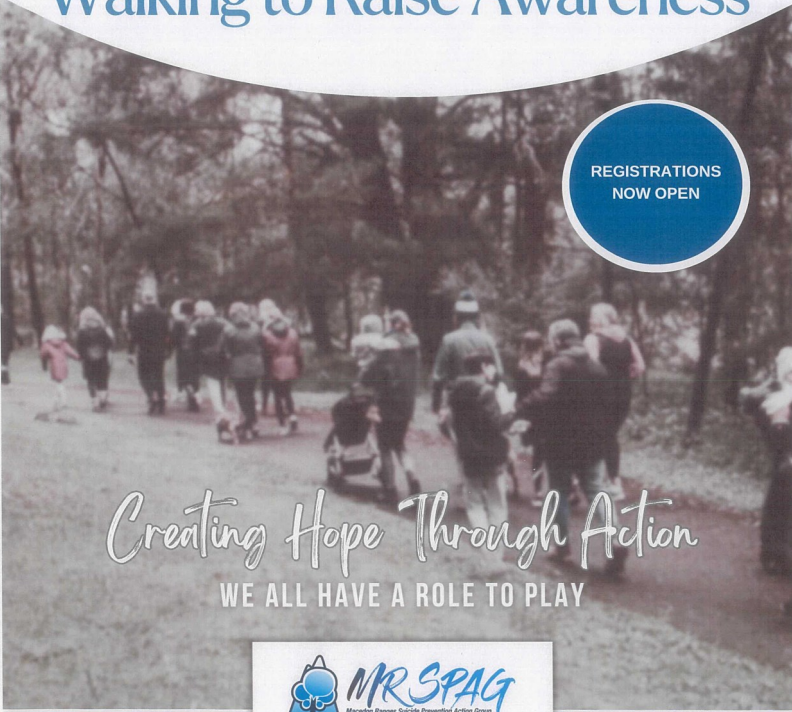
Bookings \$8/\$5 via TryBooking

By Arrangement With Origin Theatricals




SUNDAY SEPTEMBER 10
 9am with the walk beginning at 10am
 Woodend Children's Park


WORLD SUICIDE PREVENTION DAY
Walking to Raise Awareness



REGISTRATIONS NOW OPEN

Creating Hope Through Action
 WE ALL HAVE A ROLE TO PLAY



to pre-register please email suicidepreventionwalk@mrspag.com.au
 with registrations open on the day from 8:30am
 for more details visit www.mrspag.com.au or 

**Come & Try
 Girls Basketball**

Girls with 2011 - 2014 birth years interested in trying basketball are invited to attend the

**Woodend Hawks Basketball Club
 Come & Try Days**

These sessions are being provided to assist and prepare girls interested in being involved in the approaching Summer Domestic Season.

Venue: Buffalo Stadium, Woodend
Dates: Saturdays 19 & 26 August
Time: 11:30am - 12:30pm
Register: www.bit.ly/WHBComeandTry23
 or by using the QR code below
Or contact:
coordinator@woodendhawksbasketball.org.au

Summer Season: commences Saturday 7 October 2023 and runs throughout Term 4 2023 & Term 1 2024.





 **WOODEND DISTRICT NETBALL CLUB**
 Building strong, confident young people in Woodend

2023 SUMMER SEASON NETBALL REGISTRATIONS NOW OPEN

Be quick - Limited places
 Register at: woodendnetball.com.au



Starts - Friday 8 October
 Buffalo Stadium
 Season - 9 Weeks
 9&Under
 12&Under
 16&Under

JUNIOR CRICKET STARTS SOON!



JOIN THE WOODEND CRICKET CLUB
 WE ARE A FAMILY CLUB THAT WELCOMES ALL NEW PLAYERS OF ALL AGES, BACKGROUNDS AND SKILL LEVELS.

AGE GROUPS
**BLASTERS (U7/U9)
 U11, U13, U15, U17**

SEASON STARTS **OCTOBER**

Come join us!

More Information:
 Contact Stewart Black (Junior Coordinator) on 0419 832 390 or Steve Rollinson at woodendcricketclub@gmail.com
 We're also keen for older family members or parents to get involved or play with WCC too! If you're interested contact Greg Matthews on 0407 914 418 or greg@ropepro.com.au

CHECK OUT OUR FACEBOOK PAGE!





**MENTAL HEALTH
FIRST AID®**
Australia

BECOME A MENTAL HEALTH FIRST AIDER™

to support friends, family members, colleagues and others

About 1 in 5 Australian adults experience a common mental illness each year. Mental Health First Aid® (MHFA) training will teach you practical skills to support someone with a mental health problem. Make a real difference to people in your community.

STANDARD MHFA TRAINING BENEFITS

KNOWLEDGE

Improves knowledge of mental illnesses, treatments and first aid actions.

CONFIDENCE

Increases confidence in providing first aid.

DE-STIGMATISING

Decreases stigmatising attitudes.

SUPPORT

Increases the support provided to others.

"I enjoyed learning the skills to be an MHFaider. The content was interesting and the facilitators made me feel at ease, even with the more sensitive content." - Georgia



LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 12-hour educational course, not a therapy or support group.



HOW DO I SIGN UP?

Email us at info@mrspag.com.au or call 0497 791 061

We look forward to having you join us.

DATES Saturday 26 Aug & 2 Sept

TIMES 9am to 5pm (both days)

COST \$50 donation to MRSPAG

VENUE Manna Gum
Family and Childrens Centre.
71 Robertson Street.
Gisborne VIC 3437

FACILITATOR/S

MRSPAG

For more information, visit mhfa.com.au/courses



@MHFA_Australia



@mentalhealthfirstaid